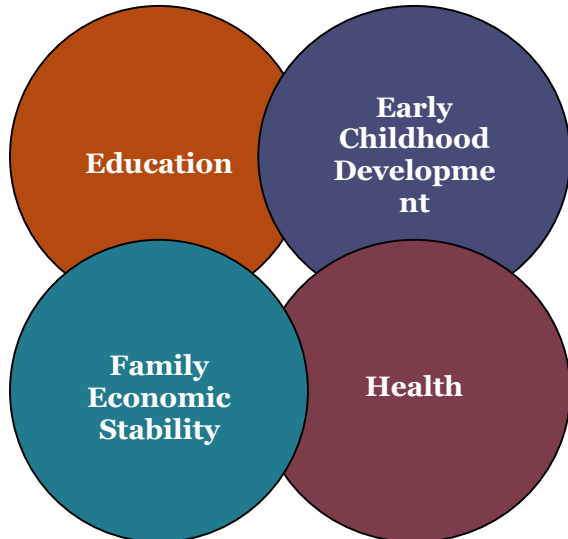


Pillars of Success



The *Pillars of Success* Program is designed to support families in setting goals while learning about available local resources that can assist.

Now Accepting
New Family
Applications!

The Pillars Program is a series of **FREE** 12 week workshops held once a week in a group setting focusing on education, early childhood development, family economic stability, and health.

During the 12 weeks, you will be teamed with an ally supporting you while learning how to become more self-reliant. Your ally will empower you with resources that are available, specific to your individual needs.

Curriculum:

- Finance
- Nutrition
- Communication
- Fitness
- Mindfulness
- Relationships
- Emotional Health
- Literacy
- Integrity
- Compassion
- Bullying
- Goal Setting
- Volunteering
- Respect

Workshops will be held in **St. George** and **Washington City** from 5:30 p.m. -7:30 p.m.



For more information or to sign up:

Carol Hollowell

435-628-9310

chollowell@switchpointcrc.org

OR

Julie Duckett

435-429-9415

julie.duckett@switchpointcrc.org



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